

BEST DAYS BEST DAYS BEST DAYS

Discussion Guide “Blessed Days” Pastor Jelani Lewis

Starter Have you ever been chosen for something that made you feel valued or significant—like being picked for a team, receiving an opportunity, or being trusted with an important responsibility? What did being chosen communicate to you about how others saw you?

Sermon Summary

Our best days are not defined by our circumstances but by the spiritual blessings we have in Christ. When we understand that we are chosen, adopted, and forgiven, we can live with confidence in our identity as children of God and remain anchored even in difficult seasons.

ACT

As you absorb sermons, read, or participate in group discussion, take notes and make a plan to apply what God’s teaching you.

A (Action): Mark important ideas with an “A” to remind you to take action.

C (Contemplate): Use a “C” to mark ideas you want to process further.

T (Transfer/Teach): If it’s something you need to teach to someone else, note it with a “T.”

Read

What do these Scriptures teach you about God’s character? (Read some or all verses together.)

[Ephesians 1:3–7](#)

[1 Corinthians 14:1–4](#)

[Psalms 103:2–3](#)

[Ephesians 1:13](#)

[Romans 8:14–17](#)

[Matthew 6:9–13](#)

[Hebrews 12:24](#)

[Luke 6:12–13](#)

[Genesis 50:15–18](#)

[Genesis 4](#)

[Luke 10:42](#)

[Colossians 1:13–14](#)

[1 John 1:9](#)

Discuss

Choose questions to keep the discussion moving. There’s no need to discuss every question.

1. How does knowing that you are chosen by God impact the way you view yourself?
2. What circumstances or voices have the potential to make you question your identity?
3. What does it look like to live as a child of God rather than from a mindset of performance?
4. Why can it be difficult to fully receive God’s forgiveness, even when we know He offers it?
5. Which of the three truths—chosen, adopted, or forgiven—do you most need to remember in your current season, and why?

Go Deeper

1. Study [Judges 6:11–16](#) (Gideon). What did God see in Gideon that Gideon could not yet see in himself?
2. Study [1 Samuel 16:1–13](#) (David). How does this passage challenge the way you measure your own worth or the worth of others?
3. Study [Luke 15:11–24](#) (the prodigal son). What does the father's response reveal about God's heart toward those who return to Him?
4. Study [John 21:15–19](#) (Peter's restoration). How can Jesus' restoration of Peter reshape the way you view your own past failures?

Apply

1. If you catch yourself thinking, *I have to prove myself*, remind yourself: *I am a child of God before I accomplish anything*.
2. Speak God's truth over yourself. Choose one Scripture about your identity in Christ and make it part of your daily prayer or meditation.
3. Confess what you need to confess to God and refuse to keep carrying a debt Christ has already paid.
4. Live from your identity as a child of God. Look for one opportunity this week to serve, encourage, or lead—not to earn God's approval but because you already belong to Him.

Pray

Here are some prayer points:

1. Ask the Lord to help you view yourself the way He views you: chosen, loved, and called.
2. Ask God to replace any striving and insecurity with confidence in your identity as His child.
3. Ask the Father to help you receive Christ's forgiveness and release shame from your past.
4. Ask the Father to keep you anchored in who you are in Christ when circumstances or negative voices try to make you doubt it.

Leadership Tip

Keep the conversation focused on identity rather than performance. Encourage group members to share honestly about the voices, circumstances, or experiences that have shaped how they see themselves. Then continually bring the discussion back to what God says is true about them in Christ.